



DROP!



COVER!



HOLD ON!



Stay there, hold on,
and protect your
head with a pillow

IN BED



Stay away from
buildings, walls
and power poles

OUTSIDE



Stop where safe, turn
on hazard lights and
stay in your vehicle

DRIVING



Put the brakes on in
a safe place and
protect your head

WHEELCHAIR



Drop, protect your
head and stay there
until the shaking stops

ANYWHERE